

Race Regulations

ARTICLE 1. ORGANIZATION

The Connecticut Stage Race is organized by the JAT Racing, LLC, 447 New Road, Avon, CT 06001. It is governed by the rules of USA Cycling, Colorado Springs, Colorado.

ARTICLE 2. TYPE OF EVENT

The Connecticut Stage Race is not ranked on the USA Cycling's National Racing Calendar.

ARTICLE 3. PARTICIPATION

The Connecticut Stage Race is open to members of UCI trade teams and Category 1, 2, 3, and 4 amateurs. This is not a team race, although team entry is encouraged. A team has a minimum size of three riders and a maximum size of eight riders. Composite teams must all use the same team name on their entry forms and must wear identical jerseys during the races. Composite teams of 3 or more riders are eligible for pre-race call-ups and they may have a car in the caravans. All UCI Trade Teams must follow the protocol set forth in the UCI regulations.

ARTICLE 4. RACE HEADQUARTERS

[Camp Jewel](#)

Friday, 05/29/09, 7:00pm – 9:00 pm

[Colebrook Town Hall \(basement\)](#)

Saturday, 05/30/09 and Sunday, 05/31/09

The Headquarters opens two hours before the first race and remains open until one hour after the last race.

ARTICLE 5. TIME TRIAL

Start order will be by Bib No. as assigned by the Race Organizer. The Chief Referee may change the order of start so that members of the same team do not start in consecutive order.

Start times will be available at:

- www.connecticutstagerace.com
- <http://groups.google.com/group/connecticutstagerace>
- the Registration Desk, Headquarters

ARTICLE 6. RADIO TOUR

Radios will be issued to all teams that have cars in the road race caravans by the Central Massachusetts Public Safety Association (“CMPSA”). They will be available from the Race HQ and must be checked out at least 30 minutes before each race. They must be returned at the end of each day.

The frequency for Radio Tour will be listed at the Race HQ.

ARTICLE 7. NEUTRAL SUPPORT

Neutral mechanical support will be provided by Mr. Mark Wysocki at:

- ITT ... A neutral pit will be available at the Time Trial
- Circuit Race ... A neutral support car will follow each race.
- Road Race ... A neutral support car will follow the Men’s P/1/2 race and the Women’s P/1/2/3 race ONLY.

ARTICLE 8. RACE INCIDENTS OCCURRING APPROACHING FINISHES

A rider who suffers a mishap in the last three kilometers of a stage ~~or after free laps have expired at the Circuit Race~~ shall be given the same finish time as if the mishap had not occurred and shall be placed at the end of any group with which he or she was riding at the time of the mishap, provided that the mishap was observed by a race official and the rider promptly crossed the finish line with bicycle, provided that he or she is physically capable of doing so.

ARTICLE 9. RIDER ELIMINATION

Time Trial: Time cut: 120% of the winner’s time per race
Circuit Race: Time cut: 120% of the winner’s time per race
Road Race: Time cut: 120% of the winner’s time per race

Note: The Chief Referee shall have the discretion to extend the time cut. You must be pulled by an official to qualify for reinstatement and be included in the results.

ARTICLE 10. CLASSIFICATIONS, TIMES, BONUSES, POSTINGS

The leaders in individual classifications will wear the following jerseys, in order of priority:

General Classification:	Yellow Jersey
Sprinter:	Green Jersey
King of the Hills:	Polka Dot Jersey

Should a rider be in first place and leader in two classifications, the rider in second place will wear the jersey for the lower classification.

10.1 GENERAL CLASSIFICATION

General Classification will be determined by the individual’s elapsed time for each stage less any time bonuses and plus any penalties. Available time bonuses are listed in Paragraphs 10.4 and 10.5

Ties will be resolved by USA Cycling Rule 4C2(a).

10.2 OVERALL TEAM CLASSIFICATION

Not applicable during 2010.

~~USA Cycling 4C5: Team General Classifications are obtained by adding the three best times made by members of a given team during each stage, omitting time bonuses and penalties, except that the Chief Referee may choose to apply some penalties and shall announce them in the results.~~

10.3 TOP AMATEUR & BEST YOUNG RIDER CLASSIFICATIONS

Not applicable during 2010.

~~Leader’s jerseys will be presented to (a) the best placed Category 1 rider who will not ride for a UCI trade team in 2008 and is not a member of a National Team at the Connecticut Stage Race and (b) the best placed rider under racing age 23 in the general classification. These leader’s jersey must be worn in the next stage.~~

10.4 KING, OR QUEEN, OF THE HILLS CLASSIFICATION

King, or Queen, of the Hills (“KOH”) sprints will be held during the Circuit Race and the Road Race. The KOH scoring line is at the top of Stillman Hill Road (Rte 182). The KOH is a “points competition.” Time bonuses are also awarded. Points and time bonuses shall be awarded as shown in the tables below and Exhibit 1

Stage 2, Circuit Race		KOH Points & Time Bonus (Seconds), 5 Places		KOH Points & Time Bonus (Seconds), 5 Places		KOH Points & Time Bonus (Seconds), 5 Places
Race	Lap No.		Lap No.		Lap No.	
Men P/1/2	4	6, 4, 3, 2, 1	8	6, 4, 3, 2, 1	12	6, 4, 3, 2, 1
Men 3	2	6, 4, 3, 2, 1	5	6, 4, 3, 2, 1	8	6, 4, 3, 2, 1
Men 40/50	2	6, 4, 3, 2, 1	5	6, 4, 3, 2, 1	8	6, 4, 3, 2, 1
Men 4	2	6, 4, 3, 2, 1	4	6, 4, 3, 2, 1	6	6, 4, 3, 2, 1
Women P/1/2/3	2	6, 4, 3, 2, 1	5	6, 4, 3, 2, 1	8	6, 4, 3, 2, 1

Stage 3, Road Race		KOH Points & Time Bonus (Seconds), 5 Places
Race	Lap No. (Approximately 54 miles)	
Men P/1/2	2	6, 4, 3, 2, 1
Men 3	2	6, 4, 3, 2, 1
Men 40/50	2	6, 4, 3, 2, 1
Men 4	2	6, 4, 3, 2, 1
Women P/1/2/3		

Tie Breakers: (1) Most first places in KOH sprints, (2) most second places, and so forth until the winner is determined.

10.5 BEST SPRINTER CLASSIFICATION

Points sprints will be held during the Circuit Race and the Road Race. The sprint scoring line is at the Finish Line on Colebrook Road (Rte 183). The Sprinter Classification is a points competition. Points shall be awarded as shown in the table below and Exhibit 1:

Stage 2, Circuit Race						
Race	Lap No.	Points & Time Bonus (Seconds), 5 Places	Lap No.	Points & Time Bonus (Seconds), 5 Places	Lap No. (Finish)	Points & Time Bonus (Seconds), 5 Places
Men P/1/2	6	6, 4, 3, 2, 1	10	6, 4, 3, 2, 1	14	6, 4, 3, 2, 1
Men 3	3	6, 4, 3, 2, 1	6	6, 4, 3, 2, 1	10	6, 4, 3, 2, 1
Men 40/50	3	6, 4, 3, 2, 1	6	6, 4, 3, 2, 1	10	6, 4, 3, 2, 1
Men 4	3	6, 4, 3, 2, 1	5	6, 4, 3, 2, 1	8	6, 4, 3, 2, 1
Women P/1/2/3	3	6, 4, 3, 2, 1	6	6, 4, 3, 2, 1	10	6, 4, 3, 2, 1

Stage 3, Road Race				
Race	Lap No. (51 miles)	Points & Time Bonus (Seconds), 5 Places	Lap No. (Finish, 91miles)	Points & Time Bonus (Seconds), 5 Places
Men P/1/2	1	6, 4, 3, 2, 1	2	10, 7, 5, 3, 1
Men 3	1	6, 4, 3, 2, 1	2	10, 7, 5, 3, 1
Men 40/50	1	6, 4, 3, 2, 1	2	10, 7, 5, 3, 1
Men 4	1	6, 4, 3, 2, 1	2	10, 7, 5, 3, 1
Women P/1/2/3	1	10, 7, 5, 3, 1		

Tie Breakers: (1) Most stage first places, (2) most stage second places, and so forth until the winner is determined.

10.6 MOST AGGRESSIVE RIDER

Not applicable during 2010.

~~Following each stage, a panel appointed by the Connecticut Stage Race director will select the Most Aggressive Rider for that stage. Selection criteria will include factors such as attacks, chasing down escapes and time spent in breakaways.~~

ARTICLE 11. PRIZES

A grand total of \$6,800.00 in prizes will be awarded. Refer to Exhibit 1 for the prize/place tabulation.

Prize payments are made through PayPal to the e-mail address provided by each rider during registration or to the e-mail address of the team manager or to the individual or company designated by the team manager.

ARTICLE 12. ANTIDOPING

~~Not applicable during 2010.~~

~~The Connecticut Stage Race **MAY** have antidoping control daily. Please refer to the appendix for more information. The list of riders to be tested will be posted each day near the stage finish and also on the entrance to the antidoping control facilities. It is the rider's responsibility to personally check to see if his name is on the list.~~

~~Other means to notify riders may be used, such as announcing the names over Radio Tour or providing personal escorts, however the absence of either of these will be not admitted as an excuse for missing a test. It is the responsibility of the athlete to report to testing.~~

~~Once a rider's name is put on the list as a leader, selected, or reserve, only the Doping Control Officer can tell the rider that he is not needed for testing.~~

~~All riders listed as reserves must personally appear to verify if they are to be tested or not.~~

~~More information is available in the appendix.~~

ARTICLE 13. AWARDS CEREMONY

Awards ceremonies, stage podiums, and jersey presentations will be conducted:

1. before the start of each Circuit Race
2. before the start of each Road Race
3. after the conclusion of each Road Race

Riders failing to appear for ceremonies will be subject to substantial fines, as specified by item 37 of the UCI schedule of fines.

The following riders must attend the award ceremonies on a daily basis:

- The first three of the stage
- All Classification Leaders

Awards presentations may take place before the protest period has expired, in which case they will not be considered to be official.

ARTICLE 14. CONTROLS

Feed Zones will be marked with signs at 3 km and 1 km to go and at the beginning and end of the feed zone. Officials will announce when feeding can begin and must end on Radio Tour.

Official cars will have water bottles. Riders may drop back to the Official's car and exchange an empty water bottle for a full water bottle through the passenger's window.

Lap Cards at the finish line will indicate race progress on the circuit road race.

ARTICLE 15. STARTS

Every racer must sign in at every race. Please note that the sign-in closes 20 minutes before the start of each stage. Sign-in takes place at the Registration Desk. Picking up a Race Packet and signing the Event Waiver Form constitutes 'Sign-in' to the ITT.

Please check the start list at Sign In to see if you will be called up during introductions and position yourself in the starting pack accordingly.

Teams of four or more riders can submit one (1) name and a very (very) brief bio to registration. Unless a rider has already been selected for your team, the rider you nominate will be introduced.

Rider Staging: The staging area will be marked with signs reading "Staging Line" on the fences and with tape on the road. Riders **MUST** line up behind the staging line and within the areas marked by tape. Riders lined up ahead of the Staging Line will be disqualified.

ARTICLE 16. RESULTS

Time trial start times and results will be distributed at the HQ or on-line at:
www.ConnecticutStageRace.com.

You may also receive start times and results by E-mail and/or Text Message. Give your E-mail address and or Cell Phone No. to the Registrar.

Protests of the ITT and Circuit Race must be made before the start of the next stage. Protests of the final standings must be made within 24 hours of the posting of the results on the results board at the Headquarters.—All results are final after the protests period has expired. Please make your departure plans accordingly.

ARTICLE 17. HELMETS

Helmets are mandatory when riding from the time 'sign in' opens until the awards ceremony is completed each day.

ARTICLE 18. RIDER & TEAM CONDUCT

The provisions listed herein will be binding and enforceable against all competitors. Any infringement of the rules and regulations applying to the race by any rider, team staff or helper will render the entire team liable to fines and, or, disqualification.

In addition to all USAC regulations, the Connecticut Stage Race will also enforce the following regulations:

- Race commissaries have the ability to fine, relegate or disqualify as it relates to team and rider behavior.
- **Indecent exposure and public urination** are against regulations and also illegal. A \$100 fine will be levied against any competitor, team staff or helper who violates this regulation. Violators will also be subject to penalties from local law enforcement.
- Riders may not throw bottles or other litter at any place other than the road race feed zones. Throwing bottles or litter at the other stages is forbidden entirely. Riders doing so are subject to a \$50 fine and prosecution under local laws.
- Competitors will be responsible for any expenses incurred due to loss or damage to hotel rooms or any issued equipment such as radios or vehicles. Prize winnings may be withheld to cover any such expenses.

ARTICLE 19. PENALTIES

The Connecticut Stage Race will employ the USAC Schedule of Fines, which are available at www.usacycling.org.

All persons fined will be given a fine certificate for payment to USA Cycling within the stated time limited.

ARTICLE 20. DISMISSAL

Where it is deemed that the image or reputation of the Connecticut Stage Race may be blemished (~~notably with regard to anti-doping laws~~) by the behavior of any member of a team (management or athlete), the organizer reserves the right at any time during the race to exclude the rider(s) or the team member involved from the race.

ARTICLE 21. RIDER IDENTIFICATION

You will be issued two hip numbers and one frame number. Do NOT fold, wrinkle or modify your numbers in any way. For road races and criteriums, place numbers as shown:



Frame numbers must be mounted below the top tube immediately behind the head tube. If the dimensions of the frame make this impossible, the number must be mounted behind the seat post.

Riders must wear the same number in all events...**There is a \$20 “lost number” fee for riders who need their number to be reissued.**

ARTICLE 22: ROAD RACE FINISHING

Riders in different races may not work together.
Riders who are deemed out of contention may be pulled at the discretions of the chief referee.

At the discretion of the Chief Referee, riders may be stopped before entering town. Riders who fail to stop will be disqualified from the stage race. Riders who are not permitted onto the finish will be given a calculated time and may continue the next day if that time is within the time cut. However, these riders will not be eligible for the stage prizes for that day.

ARTICLE 23: RIDERS FALLING BEHIND

Riders falling behind the race caravan will be instructed to follow the rules of the road. (USA Cycling Rule 3B2. Rules of the Road. Riders shall, of their own responsibility, conform to all traffic regulations in force in the area where the race is held [relegation or disqualification and possible 10 day suspension].) Riders will also be subject to civil penalties.

Riders who are behind the caravan must not cross the center line for any reason. Violation of this rule will result in the disqualification of the entire group with which they have been riding.

Riders may be required to retire if, in the estimation of the race officials, they will finish outside of the time cut.

ARTICLE 24: ASSIGNED TIMES

Riders who are about to be lapped during the Circuit Race will be pulled. Riders may also be pulled from the road races.

Riders who are pulled from the Connecticut Stage Race road races or criteriums will receive assigned times. Riders should be aware that these will be assigned times, not estimated finish times, and will not be generous. These times will be determined initially with calculations that assume that the rider would have continued the race at the same average speed. However, time may be added to the initial value to preserve the order of finish.

ARTICLE 25: ~~LEVEL CROSSINGS~~

~~There are two active railroad crossings on the Road Race course. These crossings will be governed by UCI rule 2.3.035:~~

- ~~1. Where one or more riders who have broken away from the field are held up at a level crossing but where the gates open before the field catches up, no action shall be taken and the closed level crossing shall be considered a mere passing incident.~~
- ~~2. Where one or more riders with more than 30" advance on the field are held up at a level crossing and the rest of the field catches up while the gates are still closed, the race shall be neutralized and restarted with the same gaps, once the official vehicles preceding the race have passed. If the advance is less than 30", the closed level crossing shall be considered a mere passing incident.~~
- ~~3. If one or more leading riders make it over the crossing before the gates shut and the remainder of the riders are held up, no action shall be taken and the closed level crossing shall be considered a passing incident.~~
- ~~4. Any other situation (prolonged closure of the barrier, etc.) shall be resolved by the commissaries.~~

ARTICLE 26: CARAVAN PROCEDURES

General

- Race officials are in charge of the caravan as well as the race. Their instructions will be the final authority.
- Safety will be the utmost concern in all situations. Speeding and reckless driving will result in fines and disqualification of the entire team from the race. Dangerous driving may also result in movement of the offending vehicle to the back of the caravan, and/or removal of the vehicle from that stage and possibly subsequent stages along with any civil penalties.
- Each caravan vehicle will be provided with a radio, which must be checked out at least 30 minutes prior to race start. Violations of radio protocol may result in penalties or disqualification. You will be instructed as to which channel to use at the manager's meeting. Roll call will proceed during the neutral starts.
- Each team will be assigned a number by the organizer. Each vehicle must prominently display the team number on the front and rear windshield with the use of white shoe polish or equal.
- Each team caravan vehicle must provide and install a roof mounted Vehicle Warning Flasher ([equal to Harbor Freight Item No. 96279-AAA.](#)). Two, 12 volt connections, per team car, are recommended (e.g. 1. radio 2. roof flasher) but depend on car design.

Eligibility

- Teams wishing to have a vehicle in the caravan must provide proof of appropriate insurance and a valid driver's license at packet pickup no later than 30 minutes prior to the mandatory Manager/Rider meeting and then must attend that meeting.
- Amateur, composite teams and UCI Teams with at least 3 riders may have a car in all caravans.
- Sedans and minivans are permitted and will be placed in that order. Full sized SUVs and vans are not permitted.
- Drivers of UCI Trade Team must hold UCI licenses with that team.
- Drivers of non-UCI team cars must hold an annual license with USA Cycling and that license may not have been purchased at this event.

Staging, vehicle order and run offs

- All vehicles stage on School House Road.
- Caravan vehicles that are not in place in the staging area at least 30 minutes prior to the race start will not be permitted to travel with the race.
- Team vehicles will not be permitted on the finishing lap of the Circuit Race.
- Caravan positions will be determined according to the position of the first rider of each team in the general individual time classification.

Procedures

- Vehicles must stay to right if not moving forward to provide service
- Riders needing assistance from their team car must pull to the right side of the road and stop. The team car must then also pull to the right and stop.
- Team vehicles will not be permitted to follow a breakaway until the time gap allows. This decision will be made by the Race Officials.

- Feeding from the cars will be allowed. Feeding must take place behind USAC Official Comm 1. Refer to each section to determine when feeding can start and must stop. Feed zones, including neutral feeds, will also be provided, as described in the appropriate road race sections below.

ARTICLE 27: FEEDING

The Chief Referee will announce when feeding from the caravan can start and must stop.

Feed zones

- Signs will be posted 3 km and 1 km before the Feed Zone and at the beginning and end of the Feed Zone. Feed only from the right hand side of the road.
- No plastic bags are allowed in the feed zone.
- No running in the feed zone.
- Feeders must wait on the right side of the road and may not go into the peloton to deliver the feed. The rider who wants a feed must go to the feeder. In no instance, is a feeder to go to the rider.
- No neutral feed will be provided at the end of the feed zone for riders without team support.
- Please help us keep the roadway clean.

ARTICLE 28: PARKING PERMITS

Not applicable for 2010

~~One parking permit will be issued to each team with a minimum of four (amateur teams) or two (UCI Trade Teams & National Teams) riders.~~

~~Team parking is designated for each venue. Parking in "No Parking" areas or in lots designated for customers only may result in your vehicles being towed.~~

~~Briefly following the Managers Meeting—Teams with RVs and Oversized vehicles MUST attend to get specifics pertaining additional parking information.~~

ARTICLE 29: MEDICAL ASSISTANCE

Medical support will be provided by the Central Massachusetts Public Safety Association (877.267.7291x77) and the Winsted Area Ambulance Association (860.379.6596) with assistance from medical providers in each community.

The First Aid stations are located at HQ.

Exhibit 1

SUMMARY

CIRCUIT RACE POINTS & TIME BONUS

RACE USAC Cat. P, 1, 2	Lap No	Laps to Go	Classification Competition	Points & Time Bonus (seconds)				
				1st Place	2nd Place	3rd Place	4th Place	5th Place
	1	14						
	2	13						
	3	12						
	4	11	KOH	6	4	3	2	1
	5	10						
	6	9	Sprint	6	4	3	2	1
	7	8						
	8	7	KOH	6	4	3	2	1
	9	6						
	10	5	Sprint	6	4	3	2	1
	11	4						
	12	3	KOH	6	4	3	2	1
	13	2						
	14	1	Sprint	6	4	3	2	1
TOTAL				36	24	18	12	6

Exhibit 1 (continued)

RACE		Points & Time Bonus (seconds)						
USAC Cat.	Lap No	Laps to Go	Classification Competition	1st Place	2nd Place	3rd Place	4th Place	5th Place
3	1	10						
	2	9	KOH	6	4	3	2	1
	3	8	Sprint	6	4	3	2	1
	4	7						
	5	6	KOH	6	4	3	2	1
	6	5	Sprint	6	4	3	2	1
	7	4						
	8	3	KOH	6	4	3	2	1
	9	2						
	10	1	Sprint	6	4	3	2	1
TOTAL				36	24	18	12	6

RACE		Points & Time Bonus (seconds)						
USAC Cat.	Lap No	Laps to Go	Classification Competition	1st Place	2nd Place	3rd Place	4th Place	5th Place
2, 3, 4 Race Age 40+ 50+ MEN	1	10						
	2	9	KOH	6	4	3	2	1
	3	8	Sprint	6	4	3	2	1
	4	7						
	5	6	KOH	6	4	3	2	1
	6	5	Sprint	6	4	3	2	1
	7	4						
	8	3	KOH	6	4	3	2	1
	9	2						
	10	1	Sprint	6	4	3	2	1
TOTAL				36	24	18	12	6

Exhibit 1 (continued)

RACE		Points & Time Bonus (seconds)						
USAC Cat.	Lap No	Laps to Go	Classification Competition	1st Place	2nd Place	3rd Place	4th Place	5th Place
4	1	8						
	2	7	KOH	6	4	3	2	1
	3	6	Sprint	6	4	3	2	1
	4	5	KOH	6	4	3	2	1
	5	4	Sprint	6	4	3	2	1
	6	3	KOH	6	4	3	2	1
	7	2						
	8	1	Sprint	6	4	3	2	1
TOTAL				36	24	18	12	6

RACE		Points & Time Bonus (seconds)						
USAC Cat.	Lap No	Laps to Go	Classification Competition	1st Place	2nd Place	3rd Place	4th Place	5th Place
P, 1, 2, 3 Women	1	10						
	2	9	KOH	6	4	3	2	1
	3	8	Sprint	6	4	3	2	1
	4	7						
	5	6	KOH	6	4	3	2	1
	6	5	Sprint	6	4	3	2	1
	7	4						
	8	3	KOH	6	4	3	2	1
	9	2						
	10	1	Sprint	6	4	3	2	1
TOTAL				36	24	18	12	6